DANGEROUS HIGH BLOOD PRESSURE HAS DROPPED

31% For Blacks 43% For Latinos 47% For Whites

Decline in blood pressure of 160/100 or higher
Finger Lakes region, 2010 to 2017

African Americans
13.4%

Hispanics
7.4%

Whites
3.9%

Decline in blood pressure of 160/100 or higher

Thank you to everyone who is making a difference

9 Barbers and stylists serving as community health educators

25 Barbershops and salons in the Get it Done program

859 People screened for high blood pressure in barbershops and salons in 2017

85 Residents who were screened reduced salt in their diet

135 Residents screened increased physical activity in 2017

104 People screened in 2017 gave up smoking

Our GET IT DONE heroes


For Blacks 31%  
For Latinos 43%  
For Whites 47%